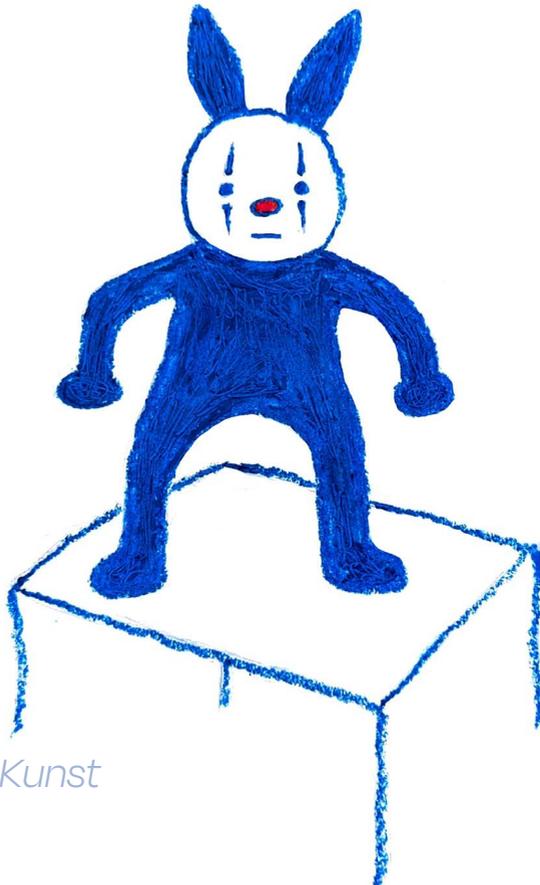


18.05.25

ACT LUZERN

Performance Festival of the Swiss Art Academies

*with: Juli (Xueqing) Wang, Pierre „Mod Charles“ Langrand & YS; Rain Bisang;
Cosi Rechsteiner & Liz Kleiner; Nicklas Hoffmann; Bettina Filacanava;
Lorena Cipriano; Student Collective; Elsa Cailletaud & Flora Karetka;
Sara Loosli; Manolya; Rahel Hauri; Luis Stadler;
Bibiana Enasni & Micha Schweizer.*



*Aktionshalle
HSLU Design Film Kunst
745 Viscosistadt
Nylsuisseplatz 1
6020 Emmenbrücke*

Dear performers,
Dear audience,

Welcome to ACT Luzern!

ACT Luzern revolves around a long table that is being moved. The table serves as a point of orientation – that can be used by the performers. We are looking forward to the many ways this long piece of furniture – a symbol of coming-together – will be used. We are curious to see the relations unfolding, reinterpretations and detours that will be explored and found. At the end of the program, you are warmly invited to join us for a shared dinner at the table.

Accessibility & Relaxed Event

ACT Luzern takes place on the ground floor of the building; which is wheelchair accessible. There is a wheelchair-accessible toilet (all gender) available on the ground floor. A virtual tour of the building can be found here: [Design + Kunst](#).

On site you will find posters providing information about our awareness concept and the responsible Awareness Team members, who can be identified by wearing pink vests.

Additionally, ACT Luzern has been planned as a *Relaxed Event*. Relaxed Events welcome people for whom the usual conventions of cultural events (such as long periods of sitting still in confined spaces, unexpected sensory stimuli or interactions) present an obstacle, and who are consequently excluded from attending.

We discussed the Relaxed Performance guidelines by [Diversity Arts Culture Berlin](#) and studied the communication strategies by [Gessnerallee Zürich](#) as an example. Our organizing team – partly consisting of neurodivergent members – has developed ACT Luzern with these considerations in mind.

Visitors who require detailed accessibility information (e.g. use of light, audience interaction, content notes, information about language, etc.) can find it in the program (in light blue) or visit the Info Desk, which will be staffed throughout the day.

ACT Luzern is structured into four performance slots. Unless otherwise stated, you are free to move around during the performances. The door to Aktionshalle will remain open during performances and you are allowed to leave at any time. There will be different seating options, as well as retreat spaces in the Foyer and outdoors.

We'd love to hear from you!

If you have any questions or would like to share feedback, please contact Martian Mächler via martian.maechler@hslu.ch.

We wish you an inspiring day!

Warmly,

Alice, Alisa, Bettina, Christopher, Iris, Jack, Julia, Jutta, Ky, Luis, Manolya, Martian, Mel, Nicolas, Ninu, Rahel, Rain, San, Sara, Sebastian, Shawmya
ACT Luzern organizing team & Team K++V

12:00 WELCOME

12:10 Juli (Xueqing) Wang, Pierre „Mod Charles“ Langrand & YS – Sound Sculptures

How can movement shape the sound? Some of the performing musicians compose physical sculptures through poses and movements, meanwhile others play improvised music.

The performance works with sound and lights (no flashing).

@lucamanzo

12:30 Rain Bisang – Übers Übersehen Und Übermässig Gesehen Werden

Rain's performance deals with the ambiguity of being overly perceived in a shared space—constantly stared at—while at the same time not being noticed at all, and as a result having one's needs go unmet. The entire performance takes place around a big table and is framed within the context of transness and being gender-nonconforming.

The performance relies on spoken language (Standard German). The audience is asked to keep their voices down. Mention of transphobia, mental health, eating disorders, sex work, self-harm and addiction.

@rain_kunst

12:45 Cosi Rechsteiner & Liz Kleiner – Wired Connections

Desires and disruptions in exchange through wired connections.

The performance uses and spoken language in English, Kurdish, Turkish and German (without additional subtitles). The audience is free to choose where they sit, stand or lay. There will be loud music, without sudden appearance. There will be soft mentioning of desires of care, but no explicit content.

@469xlc

13:00 BREAK

13:30 Nicklas Hoffmann – A Harry Situation

100 years from now in a dystopian world, two powerful kingdoms are at war with each other. Harry Weggli is the neutral protagonist who had ChatGPT build him a time machine – and now he has to choose between hair or smoothness in this new world.

The performance relies on spoken and written language (German and English). There will be sudden lighting transitions, flashing lights, characters showing strong emotions, loud noises or music, background music, high-pitched sounds. Visitors are asked to keep their voices down, and remain seated throughout the performance. The audience must interact. Content notes: sex, sex work, nudity/homophobia, body shaming, bullying, feces (bodily fluids).

@nicklas_hoffmann

13:50 Bettina Filacanavo – Sisyphos

An absurd ritual of eternal running, of incessant failure. There is no pausing, no rethinking - just the mechanical repetition of the same old thing. How often do we reach our limits without changing our behavior?

There is a repeated bang (noises), that is predictable, not surprising. The performer seems to be hurting themselves, but they are protected by foam, it doesn't hurt them.

@art_befivo_art

14:00 Lorena Cipriano – Dann Hat Sie Mich Gefragt, Ob Ich Ein Baum Bin.

“Dann hat sie mich gefragt, ob ich ein Baum bin” is an operating-table performance dealing with transness and roots. The performer shares memories from the past, desired scenarios, and visions of the future, whilst something keeps cracking, breaking, crunching.

The performance relies on spoken language (German) and some subtle sounds. The audience might be invited to interact. If a person doesn't actively engage, the performer will leave them alone. Mention of mutilation, bodies, gender dysphoria, mental health/illness through the spoken text.

@lorenacipriano.ch

14:20 Student Collective – Swarm

The swarm is a performative practice of synchronized movement improvisation created by Sunny Pfalzer. It's about awareness of the collective, taking care of one another and going on a journey together.

There may be sound, noise and characters showing strong emotions.

14:40 BREAK

15:00 Elsa Cailletaud & Flora Karetka – fe__l__ndes St__ck (mi__ing pi__ce)

A multimedia performance that reclaims the fragmented female body from the objectifying gaze of the 16th-century “blason” genre. Through text, sound, and live image projection, we graft body parts back together to form a poetic Frankenstein of resistance.

The performance uses written language, in German.

15:10 Sara Loosli – Do You Resonate?

In music, the most beautiful thing happens when different sound waves resonate with each other: they create harmony. When we listen to music, how do these sound waves affect our bodies, and how do they affect our collective body - Do we resonate, can we find harmony together?

The performance relies on sound.

@saradoesartssystem

15:25 Rahel Hauri – To Lose, Search, Find. Repeat.

The performance is about ambivalent feelings — about finding hope in hugs and simultaneously losing hope facing daily news, and about the coexistence and, in a way, the validity of all these contradictory emotional states.

The performance relies on spoken language (mostly German, some English). A translation of the text will be available in printed form. The audience is invited to interact, but doesn't have to. At one point music is played at a moderate volume.

@c_afesinleche

15:45 BREAK

16:15 Manolya – Spiralling

The performative reading talks about the spiral of different emotions and how they are being dealt with. The work relies on spoken language (German) and deals with anxiety, panic attacks and emotional distress.

@manolya

16:30 luis stadler – hugging my discomfort

luis stadler invites us into a process of finding a language for the expression of repressed emotion — a process that allows them to break and be vulnerable in a time where trans people are so harshly politicized and dehumanized. A violin zither, and a small voice editor loopstation become extensions of her voice, inviting the audience to get lost in a collection of sounds and noises that go beyond representation.

The performance relies on sound. There will be melancholic soft sounds and angelic singing but also disturbing pressed out screams that are very painful, that could be perceived as scary. The audience is asked to listen quietly.

@luisstad

16:45 Bibiana Enasni & Micha Schweizer – Es Hat, So Lange Es Hat.

The longest possible spaghetti are rolled, and the audience is invited to help carry the fragile creations to the cooking pot, contributing to a shared meal served as a course of the dinner. Emphasizing collaboration over individualism, the work celebrates collective care, communal thinking, and resistance to capitalist values.

This performance cannot exist without the audience, as help is needed to carry the noodles to the pot to be cooked.

@noom.coll

@willkuerlichgewaehlt

17:00 DINNER

The long table will be moved back to its place in the Foyer, where we gather to eat.

The audience is invited to help carry the table and join the dinner.

Please note changes to the schedule may occur.

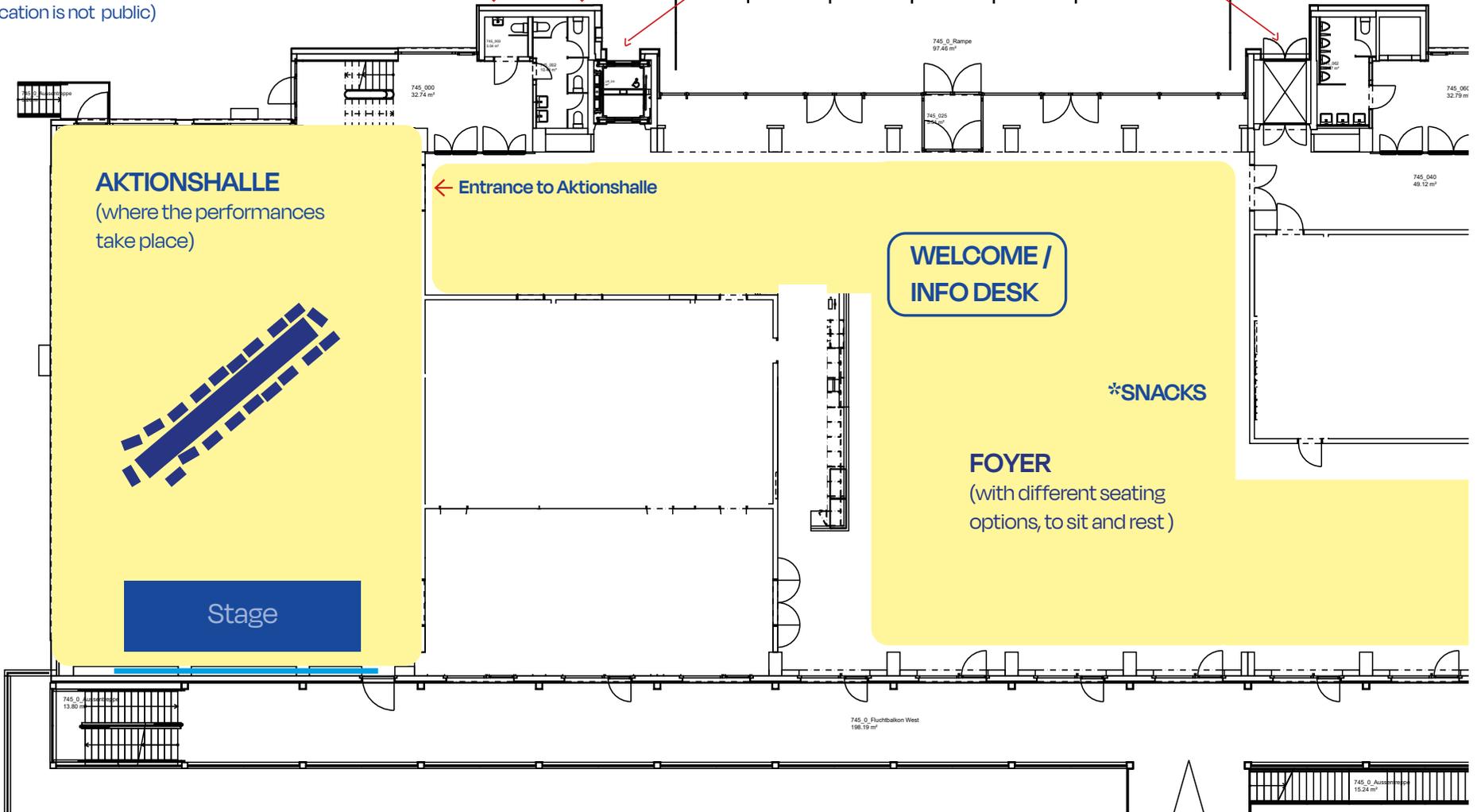


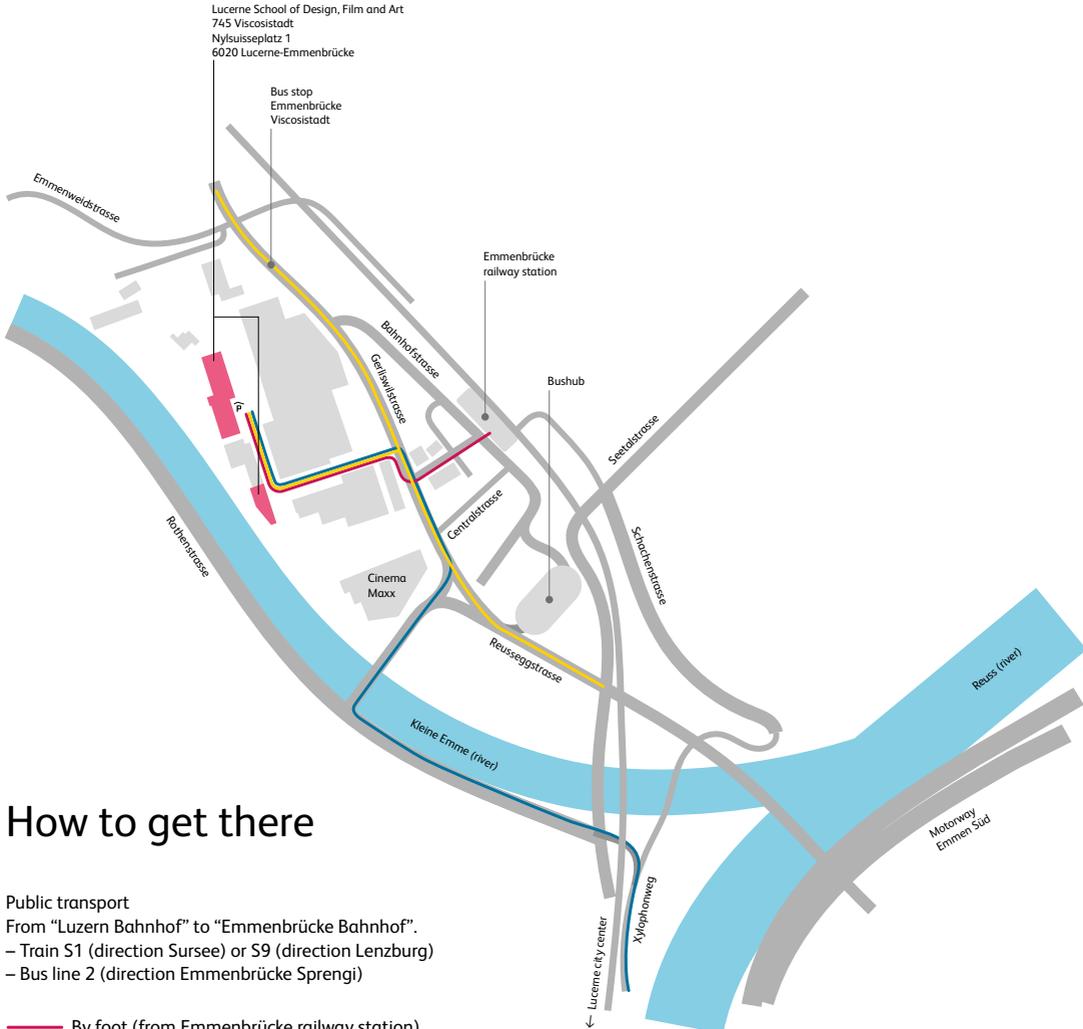
AWARENESS: There will always be two people doing Awareness (visible with pink vests). There is a room on a different floor that can be used, in case it's needed (location is not public)

ENTRANCE TO THE BUILDING

via elevators

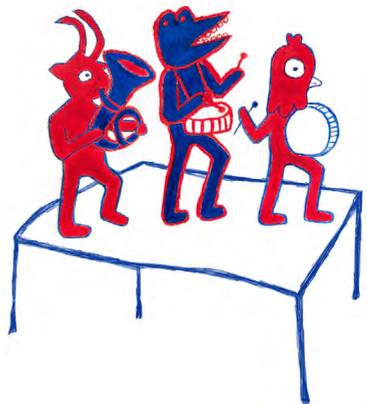
via stairs







ACT 2025 Dates and program
of all participating Art Academies:
act-perform.net



ACT is a joint project of Swiss Art Academies. EDHEA Valais – F+F Zurich –
HEAD Geneva – HGK Basel FHNW – HKB Bern – HSLU DFK Lucerne – ZHdK Zurich